

Safe Medication Disposal for Households

When it comes to disposing of medications, it's essential to do it safely to protect the environment and ensure everyone's well-being. Follow these guidelines to dispose of your medications properly.

General Medications Disposal Process

1. **Pour:** Empty any remaining liquid medication into a ziplock bag.
2. **Flush:** Rinse the medication container and pour the rinsing water into the ziplock bag.
3. **Collect:** Gather all remaining pills and place them in the ziplock bag.
4. **Mix:** Mix the liquid medication and pills with used tea leaves, coffee grounds, or paper towels.
5. **Seal:** After securely sealing the ziplock bag, dispose of it with your regular household waste.
6. **Recycle:** Recycle the medication pouch and container.

Special Medications Disposal Process

1. Remove any outer packaging of the medication.
2. Place the pills or capsules into a ziplock bag and seal it tightly.
3. Submit the sealed bag to a medical institution or a community pharmacy's collection station.
4. Do not litter or throw medications in the trash to prevent environmental pollution.

Types of Medications Requiring Special Disposal

- Liquid medications (normal saline, glucose injections are exempt from collection)
- Hormones (Steroids, thyroid hormones, progesterone, estrogens, etc.)
- Chemotherapy drugs or immunosuppressants
- Antibiotics (any medications for treating infections)
- Controlled substances
- Syringes and needles (Place in sealable plastic impenetrable containers before submitting to the emergency department collection)



Logo of Medication Collection Station & Locations (see link below)

<http://www.tpa.org.tw/FamilyDrugsInspection/index.htm>

亦可至家裡附近之藥物檢收站檢收

Remember:

- ✓ Follow the instructions on this sheet for proper medication disposal.
- ✓ Always protect your privacy by removing any personal information from medication packaging.
- ✓ Keep medications out of reach of children and pets.
- ✓ Do not share prescription medications with others.
- ✓ If you have any questions about disposal, consult your healthcare provider or local pharmacy.

By following these steps, you contribute to a safer environment and the well-being of your community.